

Correlation conference 12 - 14 December, Ljubljana, Slovenia

**Examples of Interventions from two Drug Prevention
Centers in Greece**

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OKANA

Supervision, monitoring, funding

71 Prevention Centers

Interventions

Community

School

Parents

Army

Volunteers



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Greek prevention programs in the school community in general

- ▶ They are universal prevention interventions thus they have no morbidity criteria for the participants
- ▶ They use interactive techniques to encourage participation and initiative from the young people
- ▶ They include life skills and social skills education to counterbalance peer and social pressure
 - ▶ They are not informative but they include selective and responsible information regarding substance use
- ▶ They are planned in a way that demands the maximum desired implication from teachers and parents along with students
- ▶ There is a continuous effort to adopt and introduce evidence and research based interventions

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Prevention Program «Ξέρω τι ζητάω»

“ I know what I want”

In the framework of the EU Dap Project



Addressed to adolescents 12-14 yrs old

Based on the the Social Influences model

"I Know what I want" at a glance

Aiming at

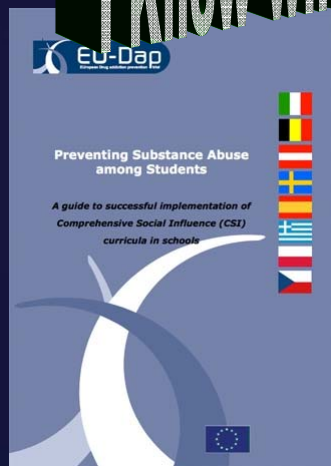
Delay the onset of drug use among teenagers

Delay the transition from experimental drug use to the systematic drug use

It is implemented by trained and supervised Teachers after a short training

It consists of 12 thematic modules

Interactive



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Primary evaluation showed
30% decrease on daily smoking
23% decrease on cannabis use

Beneficial effects remain for at least 1 year after the implementation

12 Modules

1.Acquaintance, contract	7.Assertiveness, self confidence
2.Role playing	8. The Party Soul
3. Alcohol	9. The truth about drugs
4. Reality Check	10.Hard feelings
5.Smoking	11. Problem solving, decision making
6.Self expression	12. Wrap up , conclusions

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RESIST



RESIST is a pioneer enterprise of educational video games. Its avant-garde work lies on two basic facts:

1st there is no previous experience on games focusing on primary prevention

and

2nd it has no intention to “tie down” the player with hyper real textures, super game engines, which we often come across in games purchased to be played by one sole player, who “lose” themselves in the artificial reality created.

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RESIST

Peer to peer intervention

The script was created by high school students

In the beginning the user can watch a video which is a tour to the game where the hero makes some extremes selections, he has a conflict with his parents and as a result he ends up to be alone and confused. Then the user can play the game by handling a variety of everyday situations, where he has to think how he can react to these situations and what the consequences will be in every reaction.



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RESIST

There are 5 different situations where the user has to deal with. These situations are taking place in his house with his parents, in his school with his schoolmates, in a party with his friends, in the street with his friends, in a internet café and in a tattoo store. They believed that these specific situations were very common to them and also they faced up many difficulties in order to confront them.



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RESIST

Available freely in Greek
and English at:

<http://resist.transludic.net/>

It can be translated in any
language after communication
with the Prevention Center
“Elpida” Thessaloniki

<http://www.kpelpida.gr/>



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**Thank you very much for your attention
Merry Christmas and a Happy New Year**



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